



**RAFFLES**  
BALI

# RESORT *activities*



# WELLNESS & TRANQUILLITY

# DAILY WELLNESS ACTIVITIES

Reconnect with your mind, body, and spirit through our curated daily wellness activities, designed to inspire relaxation and balance in the tranquil surroundings of the resort.

MONDAY	HATTA / VINYASA / YIN YOGA	Signature Meditation Terrace
TUESDAY	MEDITATION	Signature Meditation Terrace
WEDNESDAY	BREATH & STRETCH	Signature Meditation Terrace
THURSDAY	AQUATIC YOGA	Main Pool
FRIDAY	HATTA / VINYASA / YIN YOGA	Signature Meditation Terrace
SATURDAY	MEDITATION	Signature Meditation Terrace
SUNDAY	BREATH & STRETCH	Signature Meditation Terrace

Complimentary for in-house guests. Daily from 8.00am to 9.00am. Location: Signature Meditation Terrace or Main Pool, depending on the activity.





# TENNIS & PICKLEBALL

Set up your game at our tennis court, designed for players of all levels. Whether you are refining your strokes or simply enjoying a casual rally, a full-time tennis partner is available to pair with you.

A minimum of two-hour advance reservation is required. Available from 8.00am to 8.00pm. Tennis balls and racquets are provided. Complimentary for in-house guests; a tennis coach or partner is available at an additional fee.







## CYCLING

Set within 23 hectares of lush greenery, the resort features cycling-friendly paths, inviting you to explore its serene surroundings on two wheels. Discover the tranquil Wellbeing River, vibrant tropical gardens, and breathtaking ocean views as you ride through this natural haven.

Complimentary for in-house guests. A minimum of two-hour advance reservation is required. Recommended times: 7.00am to 11.00am or 3.00pm to 6.00pm.

## TAI CHI

Tai Chi, an ancient Chinese tradition, has evolved over centuries to help alleviate stress and anxiety. Often described as meditation in motion, this practice combines gentle, coordinated, and flowing movements to loosen stiff muscles and cultivate serenity and inner peace with every motion. Perfect for beginners, Tai Chi offers a harmonious way to relax both mind and body.

A minimum of one day advance reservation is required. Location options: Signature Meditation Terrace, Beach, or In-Villa. Minimum two persons. IDR 1,500,000 for two persons, additional participant at IDR 250,000++ per person.



# REIKI

Practitioners channel universal energy, known as Reiki, in the form of chi through their palms, facilitating self-healing and restoring equilibrium. Reiki works in harmony with the body's meridian energy lines and chakras, using hand positions that correspond to the seven major chakras. This practice induces deep relaxation, alleviates emotional stress, and enhances overall well-being.

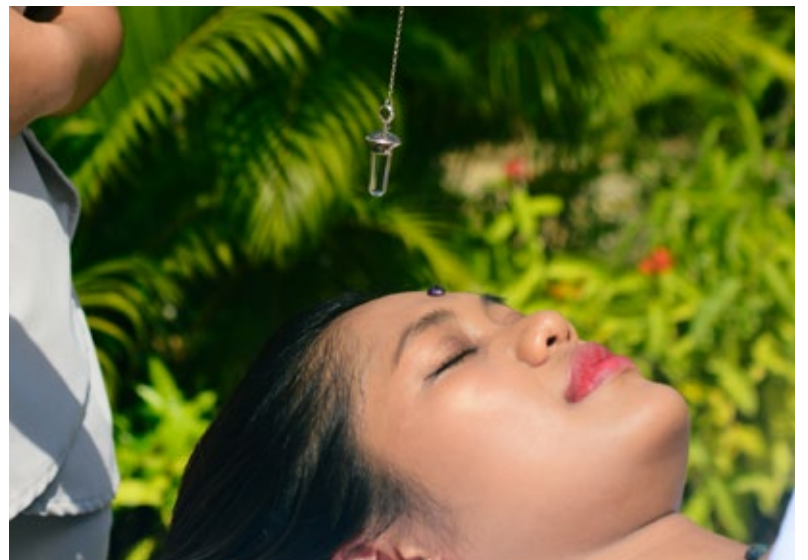
Duration: 60 minutes. Advance reservation required. IDR 2,300,000++ per person at Raffles Spa or IDR 3,300,000++ per person at The Sanctuary. Complimentary for in-house guests staying in the Two Bedroom Villa categories.



## 7-CHAKRA BALANCING

The 7 Chakras in the body are distinct energy centres that play a vital role in emotional processing, physical well-being, and resistance to disease. Chakra Healing is a specialised technique that focuses on opening these energy centres through the use of tools such as gemstones, Tibetan singing bowls, and a distinctive Balinese acupressure massage to restore balance to the body's energy channels. A numerology reading, combined with spiritual healing techniques, further enhances this holistic healing experience.

A minimum of one day advance reservation is required.  
Duration: 90 minutes. IDR 3,300,000++ per person at Raffles Spa or IDR 4,300,000++ per person at The Sanctuary.





# FIRE CLEANSING

This ritual is a transformative journey of self-mastery, offering powerful tools for healing on all levels while helping you navigate life's challenges with greater understanding. This sacred ritual begins with inner rebuilding, awakening, and restructuring to align with your authentic self. Through guided reflection and a symbolic fire ceremony on the beach, you are invited to release negative patterns, fears, anxieties, limiting beliefs, addictions, and unhealthy attachments, empowering you to embrace renewal and uplift.

A minimum of one day advance reservation is required. IDR 5,300,000++ per person at The Beach Lawn for 90 minutes.



## PAINTING CLASS

Art is more than an expression of emotion; it is a pathway to mindfulness and self-discovery. Painting can be a therapeutic practice, offering a serene escape and a channel for self-expression. Through art, we celebrate life's beauty, reflect on personal journeys, and find balance in the creative process.

A minimum of two days advance reservation is required. Canvas and painting materials provided. Available anytime of the day. Complimentary for in-house guests.



# SOUL BLESSING CEREMONY

A curated spiritual journey drawing from Balinese energy work, ancient healing practices, and the wisdom of a respected local spiritual guide. This one-of-a-kind experience is designed to restore harmony between body, mind, and spirit—gently releasing what no longer serves and recharging your inner energies with intention.

The ceremony begins with a personal session guided by a Balinese spiritual guru, including a chakra diagnosis and palm reading to assess your energy alignment. The process continues with sound healing—stimulating the release of endorphins—followed by crystal therapy to boost serotonin and restore emotional equilibrium.

Next, your energy centres are awakened through a focused ritual to raise the kundalini and activate the soul star chakra. You will then receive Melukat—a traditional purification with holy water—followed by mudra energy transfer and personal prayer. The ceremony concludes with the tying of a Tridatu bracelet, symbolising protection and spiritual guidance, and a final offering (Banten) to release intentions into the universe with gratitude.

This sacred ritual can be held either at Raffles Spa or within the secluded setting of The Sanctuary. Complimentary for in-house guests staying in the Two Bedroom Villa categories, and available at an additional charge for guests staying in One Bedroom Villas. A minimum of 24 hours' advance reservation is required.





# MELUKAT

## BALINESE PURIFICATION RITUAL

The Melukat ceremony is one of Bali's most profound spiritual traditions—an act of cleansing the subtle layers of the self to restore balance and clarity. Derived from the Balinese word *lukat*, meaning “to cleanse” or “to purify,” this ritual is rooted in centuries-old Hindu practices that honour water (*tirta*) as a divine source of life and healing. In Balinese belief, water holds sacred energy capable of washing away *leteh* (impurities), be they emotional burdens, stress, or unseen spiritual disturbances.

At Raffles Bali, Melukat is conducted at the resort's temple, a quiet sanctuary within the natural landscape. The experience begins with a thoughtful introduction to the meaning and purpose behind the ceremony—allowing participants to understand not only the steps, but the deeper intention of spiritual renewal. A guided meditation and silent prayer help to centre the mind before the priest begins the *metirta* ritual: a blessing using *tirta* or holy water, drawn and consecrated through ancient mantras.

Each participant receives purification through a combination of *tirta* sprinkling and symbolic washing, while a *Pejati* offering—a complete and sincere expression of devotion—accompanies the ceremony. The experience is deeply personal, yet shared in reverence with the elements and energies that surround us.

Complimentary for in-house guests. A minimum of one day's advance reservation is required; offered on select dates and times.





# CULINARY ARTS & GATHERINGS





# DINNER AT THE SECRET CAVE

Flaming torches light the way to this enchanting natural cave, where candlelight flickers across the stone walls, creating a captivating and intimate ambiance. The Secret Cave offers an extraordinary dining experience, featuring a carefully curated set menu inspired by locally sourced ingredients. Each dish is perfectly paired with bespoke cocktails and the finest wines.

Ideal for a wedding anniversary, special celebration, or an intimate birthday dinner, this one-of-a-kind venue hosts just one table per night, ensuring an unforgettable and private evening.

Advance reservation is required. Available from 6.00pm to 10.00pm.



# JAMU HERBAL ELIXIR MAKING CLASS

*Jamu* is a traditional Indonesian herbal medicine, often consumed as a tonic or remedy for various ailments. Typically made from a blend of natural ingredients such as roots, herbs, spices, and occasionally fruits, it is brewed or ground into a paste. *Jamu* has been an integral part of Indonesian culture for centuries, renowned for its numerous health benefits, including boosting immunity, improving digestion, and promoting overall well-being.

Join us for an interactive workshop led by the resort's Acaraki (*Jamu* maker) and learn how to prepare these traditional Indonesian herbal remedies.

Spaces are limited; advance reservation is required and highly recommended. Duration: 60 minutes. Location: Loloan Beach Bar and Grill. Available daily and complimentary for in-house guests, from 11.00am to 12.00 noon





# DINNER AT FARM TERRACE

An exclusive and personalised dining affair beneath the tropical vines at The Farm Terrace. Perfect for groups of up to six, this rustic outdoor setting features wooden tables surrounded by lush greenery, creating an intimate and enchanting atmosphere.

Savour a bespoke evening with a private bar setup and a captivating live grill performance. Our skilled chef will craft a delectable menu of fresh seafood and prime meats, infusing the air with the enticing aroma of expertly grilled dishes. Enhancing your experience, a knowledgeable sommelier will provide exquisite wine pairings to perfectly complement each course.

Advance reservation is required. Available from 6.00pm to 10.00pm.





# IN-VILLA BARBECUE

Picture a live barbecue experience in the comfort of your villa, where every detail is meticulously curated to create an evening of gastronomic perfection. Set amidst serene surroundings, your private chef will craft a sumptuous feast using the finest locally sourced ingredients. As the sun sets, the ambiance evolves, illuminated by the soft glow of candles, setting the stage for an unforgettable dining experience.

Available for in-house guests from 6.00pm to 10.00pm. A minimum of one-day advance reservation is required. Subject to weather conditions.



# PICNIC BREAKFAST

A serene picnic where the ocean view and the soothing sounds of waves create a harmonious start to your day. Surrounded by nature’s beauty, savour a gourmet breakfast thoughtfully prepared by our chef, offering a truly memorable and tranquil dining experience.

A minimum of one-day advance reservation is required. Subject to weather conditions.



# COCKTAIL / MOCKTAIL CRAFTING CLASS

Unleash your inner mixologist in a fun-filled cocktail and mocktail-making masterclass. Guided by a professional mixologist, explore the inspirations, premium ingredients, and expert techniques behind our signature beverages.

A minimum of one-day advance reservation is required. Available daily from 3.00pm to 5.00pm at Loloan Beach Bar and Grill. IDR 500,000++ per person includes two curated cocktails. IDR 200,000++ per person includes two curated mocktails.



# PRIVATE BEACH BARBECUE DINNER

Beneath a starlit sky on a secluded beach, the Beach Barbecue offers an intimate and laid-back dining experience. Savour fresh, flame-grilled dishes and Jimbaran's catch of the day seafood, while the tranquil surroundings set the tone for a peaceful evening by the sea.

With the gentle ocean breeze and the sound of waves as your backdrop, this barefoot dining experience showcases Bali's coastal flavours, with a dedicated chef on hand to prepare each dish to perfection.

Advance reservation is required. Available from 6.00pm to 10.00pm.



# ROMANTIC DINNER AT PURNAMA HONEYMOON BALE

Seaside serenity for two. Follow the flickering flames along a serene path to discover this romantic gazebo, set on the rocks above the water. Perfect for intimate occasions like engagements, wedding anniversaries, or birthday dinners, this secluded setting is designed exclusively for two persons per night. Inspired by the sweep of ocean before you, the curated set menu highlights the freshest seafood, paired with fine wines. It is an unforgettable experience crafted for moments you will cherish forever.

Advance reservation is required. Available from 6.00pm to 10.00pm.





# A RELAXING DAY BY THE POOL CABANA



Spend a serene day by the pool, where the gentle sound of ocean waves sets the tone for ultimate relaxation. Savour delectable dishes from Loloan Beach Bar and Grill, perfectly paired with panoramic views of the ocean and distant mountains on clear, sunlit days. A luxurious escape where nature and indulgence meet.







CULTURAL &  
SIGNATURE  
EXPERIENCES



# BOTANICAL TOUR

Discover the rich biodiversity of Raffles Bali, home to over 100 plant species, including vibrant flowers, exotic fruits, aromatic herbs, and majestic palms. This guided tour takes you through the resort's enchanting landscapes and botanical gardens, unveiling nature's beauty at every step.

Complimentary for in-house guests. A minimum of one-day advance reservation is required.

Recommended times: 9.00am to 11.00am or 3.00pm to 5.00pm. What to wear and bring: casual clothing, sneakers or open shoes, a hat, sunscreen, and mosquito spray.





# CANANG MAKING

Experience a cherished Balinese ritual by creating *Canang Sari*, a traditional daily offering made from coconut leaves and adorned with a vibrant array of flowers. Symbolising devotion and gratitude to the Gods, *Canang Sari* derives its name from the Balinese words *sari*, meaning essence, and *canang*, referring to the small palm-leaf basket used as a tray. Each offering is carefully arranged with flowers in specific colours—white, red, yellow, and either blue or green—each carrying unique meanings and placed in designated directions within the *Canang*.

Complimentary for in-house guests. A minimum of one-day advance reservation is required. 60 minutes. Location: Signature Meditation Terrace or in-villa gazebo.



# BALINESE HOUSE VISIT

Begin a cultural journey to discover the beauty of a traditional Balinese house. Explore the intricate philosophy of *Asta Kosala Kosali*, where every element of the compound is designed with profound meaning and deep cultural values. Conclude your visit by connecting with the locals and savouring Balinese delicacies accompanied by *Jamu*, a traditional Indonesian herbal drink.

A minimum of one day advance reservation is required. Experience includes: Guidance by our Wellbeing Butler for a seamless and enriching exploration. Complimentary for in-house guests





# BALINESE DANCE CLASS

Dance has been an age-old method of religious expression in Bali, where intricate movements, detailed costumes, and makeup techniques have been passed down through generations. Join our Balinese Dance Class to immerse yourself in the epic stories, learn the graceful movements, and experience traditional percussion rhythms.

Complimentary for in-house guests. A minimum of one day's advance reservation is required. Dancing equipment is provided and guided by the Wellness team. Duration: 60 minutes at The Signature Meditation Terrace or in-villa gazebo.





A person wearing a wide-brimmed straw hat with a white ribbon and a white long-sleeved shirt is seen from behind, walking through a dense, lush tropical jungle. The scene is filled with various types of green foliage, including palm fronds and broad-leafed plants. The lighting is soft and dappled, creating a serene and adventurous atmosphere. The text "ISLAND EXCURSIONS" is overlaid in a white serif font on the right side of the image.

# ISLAND EXCURSIONS



# TEMPLES

## Uluwatu Temple

Pura Luhur Uluwatu is definitely one of the top places in Bali for witnessing a delightful sunset, with direct views overlooking the beautiful waves of the Indian Ocean and daily Kecak dance performances held at an amphitheatre nearby. Balinese architecture, traditionally designed gateways, and ancient sculptures all add to Uluwatu Temple's appeal.



## Tanah Lot Temple

Tanah Lot Temple is one of Bali's most important landmarks, famed for its unique offshore setting and sunset backdrops. An ancient Hindu shrine perched on top of an outcrop amidst constantly crashing waves, Tanah Lot Temple is simply among Bali's not-to-be-missed icons.



## Ulun Danu Temple

Ulun Danu Beratan Temple is both a famous picturesque landmark and a significant temple complex on the western side of Beratan Lake in Bedugul, central Bali. The whole Bedugul area is a popular upland weekend and holiday retreat for locals from the more urban areas in the island's south. The smooth reflective surface of the lake surrounding most of the temple's base creates a unique floating impression. The misty Bedugul mountain range surrounding the lake complements the temple's scenic backdrop.



## Lempuyang Temple

Lempuyang Temple, or Pura Lempuyang Luhur, is one of Bali's oldest and most venerated temples. The temple is also believed to predate the majority of Hindu temples on the island. A highlight on any travel itinerary for the fit and adventurous, the main temple lies at 1,175 metres above sea level, on the peak of the namesake Mount Lempuyang in East Bali. The heights are reachable via a steep staircase of over 1,700 steps, with attractions along the way that include several other temples and hordes of grey long-tailed macaques that inhabit the surrounding cool mountain forests.



## Additional Information

The distance from the resort to the temples varies based on the temples' locations. Rates vary depending on entrance fees and transportation arrangements. Proper clothing and a sarong are required when entering temples. Do not step on the canang (offerings), do not use impolite language, and women on their period are not allowed to enter temples.



# JIMBARAN SUNSET CRUISE

Experience a breathtaking two-hour sunset tour along Jimbaran Bay and Uluwatu's coastline. Sail aboard a traditional jukung fishing boat and take in spectacular views of Jimbaran's cliffs, the enchanting sunset, and the authentic fishing village. Relax as you enjoy the panoramic sights of Uluwatu's cliffs and the pristine beaches along the Bukit Peninsula.

A minimum of two days' advance reservation is required, and the tour is subject to weather conditions. Guests are advised to bring a hat and sunscreen for comfort during the tour. Casual clothes and slippers are recommended attire. The experience is priced at IDR 6,000,000++ per boat, accommodating a maximum of four adults. Supervision for children is recommended to ensure safety and enjoyment.



# WATERBOM BALI

A day to spend with your family at a lively waterpark with over 20 rides for all ages, plus restaurants, food courts, and a swim-up bar. Enjoy the day at one of the most popular waterparks in Indonesia. The waterpark is equipped with many facilities and dining options.

A minimum of one day advance reservation is required. What to bring: Hat, sunscreen, sunglasses, towels. What to wear: Casual wear and a swimsuit.





# WATER SPORTS TANJUNG BENOA

Explore an array of thrilling watersports at Tanjung Benoa. From jet skiing, parasailing, snorkeling, and scuba diving to unique experiences like seawalking and flyboarding, there is something for everyone. Learn new skills such as water-skiing or diving, or opt for fun team activities like the Banana Boat or Sea Walker.

A minimum reservation of one day in advance is required. What to bring: Hat, sunscreen, sunglasses, towels. What to wear: Casual wear and a swimsuit.



# YACHT TO NUSA PENIDA AND LEMBONGAN

Full-day tour to Nusa Penida and Nusa Lembongan aboard a private yacht. The private yacht is fully equipped with life jackets, amenities, snorkeling gear, and fishing tools. Enjoy island hopping and snorkeling at various spots. You can adjust the tour time to your preference.

A minimum reservation of 14 days in advance is required. What to bring: Hat, sunscreen, sunglasses. What to wear: Casual wear. Rates vary depending on chosen destinations.



# BALI ZOO

Take a walk on the wild side and getting up close and personal with the exotic animals from across the globe. Enjoy a wide range of fun and unique experiences such as feeding the animals, and animal encounters.





# RAFTING



In Bali, there are numerous rivers suitable for rafting, each with varying grades that indicate different levels of difficulty and challenges. The Telaga Waja River stands out as it reaches the highest level, offering a truly worthwhile experience. Another renowned river is the Ayung River, situated in Ubud. This river features challenging terrain, passing through valleys and steep ravines, creating stunning and picturesque scenery along the riverbanks.

Minimum reservation of one day in advance is required. What to bring: Sunscreen and sunglasses. What to wear: Casual clothes and spare clothing.

# HELICOPTER TOUR

Take to the skies on a private helicopter adventure tailored to your preferences. Choose from various options, such as flying over the Garuda Wisnu Kencana, the tallest statue in Bali; enjoying a private view of the UNESCO-listed Jatiluwih rice paddies; or visiting Mount Batur or Mount Rinjani in Lombok. Soar on a journey to the destination of your choice, ensuring every moment is truly unforgettable.

Rates vary depending on the packages and chosen destinations.





# JEWELLERY MASTER CLASS

Monday – Friday | 10am – 2pm  
IDR 4,000,000 net/person (Inclusive of a net IDR 2,000,000 gift card)

Experience the essence of craftsmanship in an immersive, hands-on journey. Go behind the scenes with Master Artisans and learn the intricate steps of the heritage jewellery-making process. Activities include:

- Artisan Workshop Tour
- Jewellery Watercolor Rendering
- Archive Tour
- Wax Design Carving
- Design-Your-Own Drawing
- Icon Chain Weaving
- Lunch
- Pick-up and drop-off\*

## About John Hardy

John Hardy is renowned for artisan handcrafted jewellery that blends time-honoured Balinese techniques with contemporary design. Rooted in self-expression and guided by a commitment to sustainability, the brand is a proud member of the Responsible Jewellery Council. Just outside Ubud, the Kapal Bamboo Boutique & Workshop showcases iconic sustainable architecture and offers a window into the artistry behind each piece—where you can witness Master Artisans at work in a setting inspired by nature and culture.

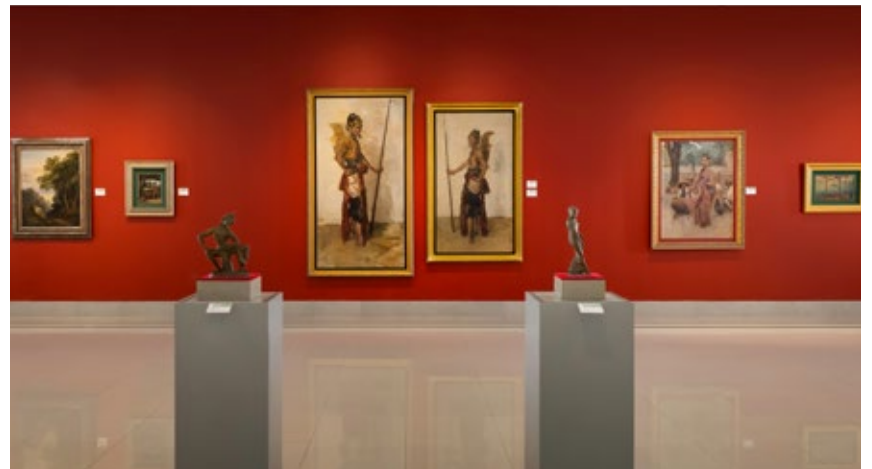


## TERMS AND CONDITIONS

Reservations must be made at least 2 days in advance. The Master Class fee excludes the cost of any customised jewellery. The IDR 2,000,000 gift card is valid only on the day of the Master Class and is not redeemable for cash. Activities and timings are subject to availability. \*Pick-up and drop-off services are available on a first-come, first-served basis and subject to availability.



# DISCOVER MUSEUM PASIFIKA



About 25 minutes' drive from the resort, Museum Pasifika is the first museum of its kind in this part of the world, proudly housing more than 600 artworks by 200 artists from 25 nations. Artists include Walter Spies (Germany), Miguel Covarrubias (Mexico), Raden Saleh (Indonesia), Affandi (Indonesia), Hendra Gunawan (Indonesia), Adrien-Jean Le Mayeur (Belgium), Paul Gauguin (France), and Auguste Rodin (France). The museum was designed by leading Balinese architect Popo Danes in 2006, and today holds regular exhibitions, as well as carrying out restoration projects on damaged artworks. Take your time – there's a café overlooking a beautifully landscaped garden where you can recharge your batteries. Open daily at 10.00am to 6.00pm.

# GARUDA WISNU KENCANA



No trip to Bali is complete without witnessing this amazing statue, at 121 metres one of the tallest statues in the world and 28 metres taller than the Statue of Liberty. Designed by Balinese sculptor Nyoman Nuarta, the statue took 28 years to conceptualise and was finally completed in 2018. It depicts Lord Wisnu (Vishnu), one of the three main gods in Balinese Hinduism, riding the mythical bird of Garuda, symbolising protection, courage and national identity. There are daily cultural performances from 10.00 am to 6.30 pm, plus Garuda Sineloka Mini Cinema, which shows animated films about Indonesian folklore and mythology. The observation deck is also worth a visit for the stunning view of the Southern Bali coastline.





# KIDS ACTIVITIES



# ARTS & CRAFTS

Unleash your child's creativity as they design their own unique art and craft creations, guided by our wellness team. This complimentary activity sparks imagination and leaves lasting memories.

A minimum of one day advance reservation is required. All items and equipment are provided. Locations: In-villa, The Signature Meditation Terrace, or Loloan Beach Bar & Grill.



## BRACELET MAKING

Discover the joy of making bracelets with our wellness team. This fun and simple craft is easy to learn, portable enough to take anywhere, and perfect to share with friends. It is one of those timeless activities that everyone loves during moments of leisure.

A minimum of one day advance reservation is required. All items and equipment are provided. Locations: In-villa, The Signature Meditation Terrace, or Loloan Beach Bar & Grill.

# COOKIE DECORATION

A delightful culinary journey awaits little chefs at Raffles Bali. Under the expert guidance of our professional chefs, children can explore the art of cookie decorating. Intricate techniques for creating delicious cookies are demonstrated before rolling up their sleeves to bring their imagination to life while decorating sweet treats.

Designed for children aged 3 to 12 years. A minimum of one day advance reservation is required. Morning session: 10.00am to 11.00am or 11.00am to 12.00 noon. Afternoon session: 3.00pm to 4.00pm or 4.00pm to 5.00pm. Location: Loloan Beach Bar & Grill.





# PIZZA-MAKING CLASS



A fun activity to keep your little ones entertained during your holiday. This pizza-making class is the fun way for children to learn how to make a wood-fired pizza under the guidance of a professional chef. Let their creativity shine as they add toppings to their pizza dough during this engaging 60-minute class. All essentials are provided, including a cooking hat, apron, pizza dough, a variety of toppings, and a complimentary drink.

Designed for children aged 5 to 12 years, with each participant creating one pizza. A minimum of one day advance reservation. Morning session: 10.00am to 11.00am or 11.00am to 12.00 noon. Location: Loloan Beach Bar & Grill.

# CHOCOLATE-MAKING CLASS AT KRAKAKOA CHOCOLATE CAFE



Explore one of Bali's most renowned chocolate factories at Krakakoa Chocolate Café & Factory. This engaging experience combines chocolate crafting, coffee, brunch, and learning. Both children and adults will delight in creating their own chocolate masterpieces while discovering the secrets of a master chocolatier.

Located in Kerobokan, approximately a 45-minute drive from the property. Open daily from 10.00am to 10.00pm. The experience lasts around two hours and is priced from IDR 350,000++ per person (transportation not included).





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