



CELEBRATE GLOBAL WELLNESS DAY

Complimentary Wellness Activities for In-House Guests

In celebration of **Global Wellness Day**, we invite you to take part in a series of complimentary wellness experiences designed to refresh, energize, and reconnect body and mind. Available exclusively for our in-house guests, these activities are offered throughout the day at **Fairmont Spa**.

SCHEDULE OF ACTIVITIES

Boot Camp

Time: 09:00

Duration: 45 minutes

Venue: PILLAR Gym, 5th Floor

Body Balance

Time: 11:00

Duration: 45 minutes

Venue: Yoga Studio, 2nd Floor

Fitness Challenge

Time: 16:00

Duration: 45 minutes

Venue: PILLAR Gym, 5th Floor

Aqua Aerobics

Time: 18:00

Duration: 30 minutes

Venue: Indoor Pool, 5th Floor

All sessions are complimentary. For details or to reserve your space, please contact your Butlers or WhatsApp at **5993 8226**.

Warm regards,

The Spa & Wellness Team

Raffles Doha