

R A F F L E S S P A

A Serene Haven for Relaxation and Regeneration

Welcome to Raffles Spa & Wellness, a one-of-a-kind sanctuary where time-honoured techniques and scientific advances come together in the service of physical and emotional wellness.



marocMaroc

marocMaroc

Inspired by the ancestral beauty routines of Moroccan women, the marocMaroc adventure started in 2006, the fruit of a strong desire to pass on and promote this exceptional cultural heritage.

The marocMaroc line is characterized by elegant authenticity, each product inspired by a story, a ritual or an ingredient which evokes some element of Morocco.

For more than 13 years now, our teams have been striving to transport you and introduce you to age-old beauty techniques, through ultra-sensory, generous, and respectful skincare products. marocMaroc plays a role in sharing these beauty rituals throughout the world.

marocMaroc

INDULGENT HAMMAM WITH FACIAL

120min | QAR 1,900

A calming and relaxing Hammam where the timeless “Traditional” hammam ritual harmoniously intertwines with a blissful aromatic massage enhanced by nourishing body balm “Onguent d’Argan.” Complete your tranquil journey with our Signature Cactéa Facial, designed to impart a radiant glow and deep hydration to your skin.

TRADITIONAL HAMMAM

60min | QAR 1,000

Step into our private hammam facilities, where the gentle heat from the stone prepares the body for the ultimate exfoliation, complete with the traditional stretching ritual. The traditional hammam ritual includes black soap application, which deeply cleanses and purifies the skin, followed by a full body exfoliation with both a kessa glove and Miel d’Ambre..

SIGNATURE HAMMAM

90min | QAR 1,300

A relaxing Hammam experience that combines the benefits of the “Traditional” hammam ritual including hair washing, application of the nourishing hair mask and a full body stretching ritual with orange blossom shower milk. Complete this Hammam experience with a purifying mask to boost skin radiance and rich rose body cream to boost skin moisture and elasticity.



Wellbeing Massages

Listen to your body. Through its aches and pains, it reveals which areas need our professional therapists' healing the most. We customise each massage treatment to your specific needs to ensure the most profound results using the power of a touch, which soothes your muscle tension, relieves pain and reduces anxiety. Reflecting the local traditions and international perfumes and fragrances, allow your instinctive sense of smell to choose which of our pure and healing essential oils is right for you. Then breathe in, and allow their fragrances to ease your muscles, quieten your mind and calm your soul.

TOTAL BLISS MASSAGE

60 / 90 min | QAR 1,000 / 1,300

Total bliss massage provides you general relaxation, stress relief and improves blood circulation. Its primary goal is to assist you in escaping the demands of your mundane tasks and taking quality time to recover from the stresses of everyday life. Its soothing effect can combat anxiety and exhaustion improving sleep quality, and mind power to focus and unwind. Suitable for those with skin sensitivity as both oil blends are cooling and calming.

DETOX BODY MASSAGE

60 / 90 min | QAR 1,000 / 1,300

Incorporating a detox massage therapy session into your self-care routine is an effective way to maintain mental clarity. This massage technique jump-starts your lymphatic system, playing a crucial role in strengthening your immune system. Moreover, it complements the benefits of a wholesome diet and a healthy lifestyle, amplifying their positive impact. Tailored for those experiencing fatigue or adrenal stress, this massage offers continuous support for a healthy body, making it especially beneficial for those seeking body toning.

MUSCLE EASE MASSAGE

60 / 90 min | QAR 1,000 / 1,300

This deep-tissue massage can assist with muscle relaxation. It is designed to increase the body's flexibility, relieve muscle tightness, improve blood circulation and shorten recovery time for those who are injured due to sports or have muscle pain. The sublime oil works effectively for congestion and is our strongest support for a healthier immune response, muscle or joint aches, stiffness, and pain.

RELIEVING QUARTZ MASSAGE

60 min | QAR 1,000

Deep, dry heat of quartz sand helps to alleviate muscle and joint pain. The warm sand is embedded in the special treatment table to ergonomically support the body inducing a state of deep relaxation. The cocooning experience has a profoundly calming effect on our body and soul.

SOOTHING HIMALAYAN SALT STONE MASSAGE

60 min | QAR 1,000

Heated salt stones are rich in minerals, they are used to apply pressure using a flowing massage technique, allowing the minerals from the salt to absorb into the skin while clearing energy blockages to soothe the body and restore equilibrium.

MUM / DAD & ME

90 min | QAR 2,000

- SOOTHING BACK, NECK AND SHOULDERS MASSAGE 30 min
- FREE TIME IN THE HYDROTHERAPY ROOM EXPERIENCE 60 min

Having fun playing all day can be tiring, so why not unwind with this reviving massage? Let it wash away your fatigue, leaving you refreshed and eager to embark on new adventures tomorrow.

- YOUTH FOOT MASSAGE 30 min
- FREE TIME IN THE HYDROTHERAPY ROOM EXPERIENCE 60 min

Do your feet feel exhausted from a day of constant running around? Treat them like royalty and discover the wonders of energetic reflex points. Our skilled spa therapist will massage your feet, restoring your body's balance to its optimal state, leaving you feeling rejuvenated and renewed.

- MINI FACIAL 30 min
- FREE TIME IN THE HYDROTHERAPY ROOM EXPERIENCE 60 min

A natural gentle facial using beneficial ingredients under the guidance of a spa therapist. Learn some tips and ideas for taking care of your and your kid's skin so it maintains a healthy balance.

How to Spa

Welcome to Raffles Spa & Wellness, a haven where a curated selection of treatments and experiences await, tailored precisely to fulfil your unique needs. We are dedicated to providing you with the utmost benefits of health, wellness, calm, indulgence, and serenity.

Whether you find yourself weary after a long journey or simply seeking a tranquil escape, our personalized approach ensures an effortless and rewarding experience.

To enhance your enjoyment during your time with us, we would like to share the following essential information.

Advanced Bookings

We highly recommended booking your treatment in advance to ensure that your preferred time and service is available.

To schedule an appointment for a treatment, please speak with our Spa Specialist who will be happy to help you with your selection.

Email: spa.rafflesdoha@accor.com

Hotel guest may call at: ext 2444

From outside the hotel, please call at: +974 4030 7100

Always feel free to walk in, we may have space!

TREATMENT CONSULTATION

Our consultations are confidential and will be carried out before all our treatments.

CANCELLATION POLICY

To facilitate any changes to your spa treatment schedule, we kindly request that you inform us at least 4 hours in advance for individual treatments. In the event of cancellation or rescheduling without proper notification or in the case of a no-show, the full treatment fee of 100% will be charged. Your understanding and cooperation are greatly appreciated.

A credit card number is required at the time of booking.

For our well-being programs, please be aware that any cancellations made within 12 hours of the scheduled appointment time or in the case of a no-show will result in a 100% charge.

GIFT VOUCHERS

Gift cards for all spa services and packages are available for purchase. Please contact our Spa Receptionists for further information.

SPA ETIQUETTE

At Raffles Spa & Wellness, we pride ourselves on providing a serene and relaxing environment for all our guests. We kindly request that you respect the privacy and tranquillity of others during your visit. Please refrain from using cell phones or engaging in loud conversations while in the spa. To ensure the privacy of our guests, we do not permit photographs, videos, or any form of social media recording within the spa premises. Additionally, please be aware that Raffles Spa & Wellness is a strictly non-smoking facility. Your cooperation in adhering to these guidelines is greatly appreciated.

SPA ARRIVAL

We recommend that you check in at Spa Reception at least 30 minutes prior to your first scheduled appointment. This allows us to have a brief consultation with you about your treatment expectations and also gives you time to visit the spa facilities

In the event of a late arrival, the treatment duration will be shortened and the full value of your treatment will still be charged.

MEDICAL CONCERNS

Please notify the spa reception team before booking any treatment if you have any physical ailments, allergies, or disabilities, or are taking any medication and in case of pregnancy or breastfeeding.

AGE REQUIREMENT

The minimum age requirement for access to the spa, wellness and fitness is 16 years old. Certain treatments are not available to young adults under 16 years of age.

SPA ATTIRE

Towels, slippers, robe and amenities will be provided for your comfort during your visit.

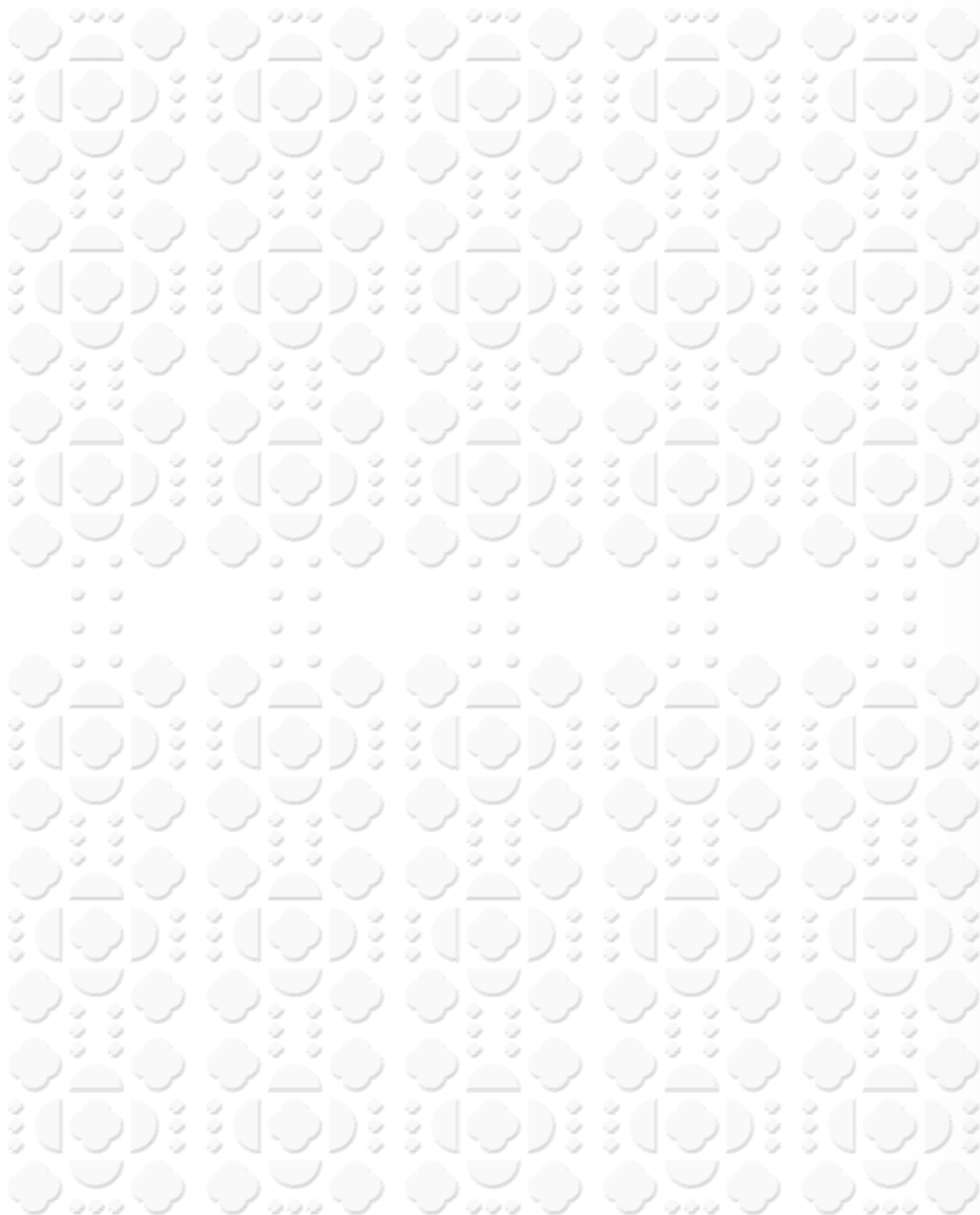
Upon your arrival, your therapist will provide a comprehensive explanation of the treatment's elements and guide you on the appropriate clothing to wear during the session. Rest assured that during the treatments, our therapists are trained to ensure your privacy by using draping techniques.

If you plan to enjoy our Jacuzzi pool or other facilities, kindly remember to bring your bathing suit with you. For your safety and convenience, we kindly request that you store your jewellery and valuables in your designated spa locker or hotel suite during your time at the spa.

OPENING HOURS

Gym: 6.00am - 11.00pm

Spa Treatments & Facilities: 10.00am - 10.00pm



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