

THE RAFFLES

CHRONICLE

This July, we invite you to experience the art of summer at Raffles The Palm Dubai. Explore exclusive offers, refined events, and luxurious moments designed for comfort, relaxation, and celebration. From decadent dining experiences to rejuvenating wellness rituals in our serene spa, every detail is crafted to help you unwind in style and create lasting memories.





RAFFLES RESIDENCES AND PENTHOUSES

Wake up to panoramic views of the Arabian Gulf or Dubai's skyline from your contemporary designed residence or penthouse. Savour the exquisite flavours of gourmet dining experiences that tantalise your palate. Step onto your private beach, an exclusive sanctuary for moments of blissful solitude.



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For more information,
please call +971502216488 or visit our Sales Office on G level.



DID YOU KNOW?

COOL CRAVINGS

Perfectly chilled and exclusively crafted in the elegant surroundings of Blüthner Hall, our flavoured iced teas, offer the ultimate cool escape from the summer heat. From zesty citrus bursts to subtle floral notes, these expertly brewed teas are an exquisite way to cool down.

RAFFLES ON SCREEN

Tucked within the heart of the hotel, our private cinema is a hidden gem designed for unforgettable moments. With plush seating and state-of-the-art sound, it is an intimate hideaway, offering daily screenings of family favourites and animated classics.

JET, SET, GO!

A world of water-bound fun awaits on the Palace shores, with summer-ready activities for all ages. The highlight? Our Electric Jet Ski, a sleek, eco-friendly thrill made possible by the calm, enclosed waters of the Palm, perfect for smooth, safe adventures under the sun.

JAPANESE SPA FUSION

An indulgent late afternoon of self-care with your loved one, combining your choice of a 60-minute massage or a Moroccan/Turkish Hammam treatment with a gourmet experience at the Matagi Bar.

AED 700 per person



SALT & SPICE

Our traditional Ayurvedic therapy combines the power of therapeutic herbs and oils with a truly unforgettable wellness experience. Begin with a rejuvenating body scrub of sea salt, cinnamon, and nutmeg, followed by a blissful Indian Ayurvedic massage infused with the warming aromas of cardamom and sandalwood.

90 minutes
AED 650 per person

SPA & SAVOUR

The perfect experience for couples who enjoy both relaxation and indulgence, but not always the same way. Unwind with a soothing 60-minute massage and access to the luxurious wellness facilities at Raffles Spa, while your partner savours a peaceful retreat in our esteemed Blüthner Hall with a choice of one sandwich and dessert, accompanied by tea, coffee, or a soft drink.

AED 700 per couple

UPLIFTING UDARABYANGA MASSAGE

Rooted in traditional Indian medicine, this treatment soothes the central zone of the body, the core of our emotions. It includes a therapeutic massage of the back, abdomen, feet, and neck, promoting detoxification of the tissues and revitalisation of the entire body.

60 minutes
AED 450 per person

WHISPERS OF WELLNESS

Welcome to Whispers of Wellness, a curated guide for wellbeing where every whisper leads you closer to balance. From therapist-recommended rituals to nourishing tips and skincare secrets, this is your space to reconnect at the hotel or wherever life takes you. Each ritual is a gentle invitation to pause, breathe, and carry a piece of calm with you.



BREATH WITH PURPOSE

Simple breathwork can be a powerful anchor. By regulating the nervous system, gentle techniques help restore inner balance, whether you are beginning the day with clarity or easing into a restful sleep. Sit back comfortably in one of the loungers by the stunning indoor pool and let the serene surroundings transport you. Try this calming ritual to invite stillness into your routine:

4-7-8 BREATHING

- Sit comfortably and relax the body and mind
- Take a deep breath in at a slow count of 4
- Hold your breath for a slow count of 7
- Breath out for a slow count of 8
- Repeat this for at least 5 rounds or until you feel comfortable



SUN-CHIC

Sunscreen may be the star of summer skincare, but good sun protection is a layered ritual. Wide-brimmed hats, oversized sunglasses, and elegant cover-ups are your stylish second line of defence. These physical barriers don't just shield you, they add a touch of effortless glamour to your sun-soaked moments. Discover a curated selection of sun-smart essentials at the Cinq Mondes Spa Boutique, where beauty meets protection, and wellness is always in style.

SKIN QUENCH

As the summer heat rises, hydration transforms from a simple habit into an absolute essential. While staying well-hydrated from within is vital, your skin also needs targeted moisture to stay radiant and healthy. Lightweight creams infused with hyaluronic acid or aloe vera work beautifully to lock in hydration, calm sun-kissed skin, and preserve that enviable summer glow. For a truly radiant boost, treat yourself to one of our signature facials, the perfect way to refresh, replenish, and elevate your summer skincare ritual.



RITUAL OF THE MONTH

GRAND IMPERIAL YOUTHFULNESS: A JOURNEY TO TIMELESS RADIANCE

Step into a world where ancient Japanese traditions meet luxurious modern wellness in the Grand Imperial Youthfulness ritual, a 120-minute journey designed to restore vitality and illuminate your natural beauty. This sublime experience draws on centuries-old techniques, masterfully blending the finest signature therapies for a truly transformative escape.

Begin with a traditional deep cleansing hammam that purifies the skin and awakens the senses, melting away impurities and tension. A tension-relieving back, neck, and shoulder massage follows, releasing knots and soothing stress held deep within, preparing you for the grand finale.

The highlight of this ritual is the revered KO BI DO facial, renowned for its precise, lifting techniques that focus on firming facial contours and revitalising the skin's youthful glow. Often described as a natural facelift, this facial harmonises the body's energy, leaving your complexion radiant, toned, and visibly refreshed.

Cocooned within the serene sanctuary of Cinq Mondes Spa, the Grand Imperial Youthfulness offers the ultimate summer refuge, a blissful escape from the heat that revives your spirit and rejuvenates your entire being.

AED 1,250 per person

IN EXPERT HANDS

MEET YOUR THERAPIST: KHEM

Hailing from Thailand and now proudly calling Dubai home, Khem brings over a decade of holistic expertise to the serene surroundings of Cinq Mondes Spa. Since joining Raffles The Palm, she has quickly become a cherished member of the wellness team, admired for her calm presence, radiant smile, and intuitive healing touch.

Specialising in traditional Thai massage, acupressure, and deep tissue therapy, Khem's treatments release tension, restore balance, and awaken the body's natural energy. Khem's warm, attentive nature ensures every experience is therapeutic and personalised.

Whether you seek deep relief or a serene escape, time with Khem is a ritual in refined healing.



RADIANCE IN A GLASS

Summer radiance begins from the inside out. Created as part of our signature wellness rituals the Bolero is a refreshing smoothie crafted with ripe strawberries, banana, papaya, and cherries. A vibrant blend rich in antioxidants, vitamins, and skin-loving nutrients. Ask your Butler to prepare it as part of your personalised summer ritual.

And if you would like to recreate the glow at home, the recipe is yours! A delicious keepsake from your time at Raffles, courtesy of our beverage expert, Paolo Gamolo.



BOLERO (VEGAN)
Strawberry, Banana, Papaya & Cherry Smoothie

INGREDIENTS

- 1 cup fresh strawberries (hulled)
- 1 ripe banana
- 1 cup ripe papaya (cubed)
- 1/2 cup fresh or frozen cherries (pitted)
- 1/2 cup plain yogurt
- 1/2 cup orange juice (or any preferred juice)
- 1-2 tsp honey or maple syrup (optional, for sweetness)
- Ice cubes (optional, for thickness)

INSTRUCTIONS

1. Add strawberries, banana, papaya, and cherries into a blender.
2. Pour in yogurt and orange juice.
3. Blend until smooth and creamy.
4. Taste and add honey or maple syrup if extra sweetness is desired.
5. Add ice cubes if you want a chilled, thicker smoothie.
6. Blend again briefly to mix ice.
7. Pour into highball glasses and serve immediately.



CONCIERGE

HERITAGE JOURNEYS

Discover the rich heritage of Dubai with exclusive experiences curated by our legendary Les Clefs d'Or Chief Concierge, Stephen Simiyu. From captivating cultural tours to authentic local encounters, these bespoke experiences offer a meaningful way to connect with the city's timeless traditions.



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PIATTI BY THE BEACH

HAPPY HOUR BY POOL&BEACH

Join us as we turn up the tropical vibes with refreshing drinks, cool beats, and sun-soaked fun. Sip on signature cocktails by the pool or stroll along the sandy shores with your favourite beverage in hand.

Daily, from 3.00pm to 4.30pm

UNLIMITED ITALIAN APERITIVO

Sip, savour, and soak up the spirit of Southern Italy. With free-flowing Prosecco, handcrafted cocktails, and irresistible bites, transport yourself to our vibrant piazza.

Daily, from 5.00pm to 7.00pm
AED 195 per person

SILKY WINE AND ITALIAN TAPAS

Let the sea breeze caress your senses as our Chef presents an exquisite menu of Italian tapas, thoughtfully paired with our Sommelier's handpicked wines.

Daily, from noon to 6.00pm
AED 150 per person

TAORMINA LUNCH

Set against a scenic beachfront, enjoy an unforgettable lunch. Savour the delightful pairing of one antipasto and one pasta of your choice, complemented by two hours of free-pouring Prosecco.

Daily, from 1.00pm to 5.00pm
AED 300 per person, 2 hours of service

POOL & BEACH PICNIC

Unwind by the pool or on the beach with a beautifully presented tray of Italian-inspired bites and refreshing drinks. Savour the flavours of la dolce vita in the perfect summer setting.

AED 250 for a selection of bites and two drinks



LE JARDIN

FLAVOURS OF THE WORLD

This summer, don't just go out for dinner, dine around the world at Le Jardin's globally-inspired buffet nights.

Every Monday – Indian Night
Every Wednesday – Arabic Night
Every Friday - Asian Night

From 6.00pm to 10.00pm
AED 295 per person

BLUTHNER HALL

HAPPY HOUR

Indulge in blissful evenings at Blüthner Hall's Happy Hour, where lively conversation mingles with the melodies of live piano music. Sip on expertly crafted cocktails in an ambience of sophistication and relaxation.

Daily, from 4.00pm to 6.00pm
Starting from AED 38

SIX GINS SEVEN NIGHTS

Raise your glass to a celebration of exceptional Gin&Tonic pairings as our master mixologists showcase six exquisite premium gins expertly paired with the finest tonics.

Daily, from 4.00pm to 6.00pm
Starting from AED 38



GRAND PALACES AFTERNOON TEA

Inspired by the regal recipes and customs of Europe's most magnificent palaces, our new afternoon tea is a journey of flavours. Each course draws on the rich histories and exquisite traditions that have graced the tables of kings and queens.

Daily, from 2.00pm to 6.00pm
AED 395 for two
AED 575 for two (with Champagne)

SYMPHONY OF SIPS

Welcome to Symphony of Sips, where each cocktail is a celebration of musical maestros, the elegance of notes, and the timeless allure of instruments. Our menu is carefully crafted to guide you on a melodic journey, blending harmonious flavours with the spirit of classical music.

Daily
Starting from AED 65

MATAGI

SAKURA SIP

Embark on a sensory journey with Matagi's new beverage menu. Designed to complement our exquisite Japanese cuisine, it features handcrafted cocktails, premium sake, rare Japanese whiskies, and refreshing non-alcoholic options, each blending traditional Japanese flavours with modern innovation.

ICHIGO ICHIE BRUNCH

Experience the essence of Ichigo Ichie with our evening brunch at Matagi, where we celebrate the art of living in the moment. Enjoy modern Japanese cuisine infused with mindfulness for an unforgettable evening.

Every Friday from 7.00pm to 11.00pm
Starting from AED 375 per person

YUGURE NIGHTS

Join us for Ladies Night and revel in two hours of unlimited selected beverages paired with a choice of any two items from either Maki or Hot and Cold Dishes, along with one dessert.

Every Wednesday, from 7.00pm to 11.00pm
AED 245 for ladies
AED 385 for gents

KAMPAI TIME

Relish your evenings with a happy hour at Matagi. Revel in discounted drinks and delicate bites immersed in the ambience of beautiful Japan.

Daily, from 6.00pm to 7.00pm



LUNAR HAPPY HOUR

Matagi is bringing you Lunar Happy Hour, a nightly celebration with exclusive drink specials and delicious bites. Experience the perfect blend of Japanese flavours in a vibrant late-night atmosphere.

Daily, from 10.00pm to midnight



LEISURE TIME WELL SPENT

WATERSPORTS

Set out on the water with us and our partner Hydro Waves for unforgettable aquatic adventures. Whether a beginner or an experienced enthusiast, there is something for everyone, from leisurely kayak tours to exhilarating wakeboarding adventures. Additionally, we provide the option of luxury private yacht and speed boat rentals, as well as guided fishing trips for an unforgettable experience.

KIDS CLUB

Keep the little ones busy with a heap of events and activities designed to engage and entertain our younger guests. The Kids' Club caters for guests aged three to eight years.

Runs daily from 10.00am to 8.00pm on Monday to Thursday
Runs from 10.00am to 9.00pm on Saturday to Sunday

PRIVATE CINEMA

Inside this glorious, gilded palace on the Palm is an exclusive 80-seat private theatre like no other, where screenings can be enjoyed every day.

Advance booking is required at the Concierge (the cinema will remain closed without prior reservations). Movie schedule can be checked with the Concierge and Kids Club teams.

UNLIMITED ACCESS TO NEWSPAPERS AND MAGAZINES

We are excited to offer you complimentary access to PressReader, where you can read thousands of newspapers and magazines from around the world. Simply connect to our Wi-Fi, visit the website pressreader.com or download the application and enjoy unlimited digital content during your stay!

SWIMMING CLASSES

Our young guests can participate in a complimentary swimming lesson in our indoor pool. Lessons last 45 minutes and are designed to enhance a kid's aquatic skills in a safe and enjoyable environment.

Every Sunday at 11.00am



FIND OUT MORE

For information on any of the restaurants, activities or events featured, or for reservations, please contact +971 4 248 8888 or dial "0" from your room. You may also email info.thepalm@raffles.com or visit our website at:

raffles.com/thepalm-dubai



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