

THE RAFFLES

CHRONICLE

With the arrival of September and a new season, Raffles The Palm Dubai welcomes you to a time of fresh inspiration and refined indulgence. As you settle into your stay, discover a collection of enriching experiences and indulgent moments crafted to make your time with us truly memorable. From serene wellness rituals to family-friendly moments and afternoon teas inspired by European palaces, every detail has been thoughtfully designed for you to savour, explore, and enjoy at your own pace.





RAFFLES RESIDENCES AND PENTHOUSES

Wake up to panoramic views of the Arabian Gulf or Dubai's skyline from your contemporary designed residence or penthouse. Savour the exquisite flavours of gourmet dining experiences that tantalise your palate. Step onto your private beach, an exclusive sanctuary for moments of blissful solitude.



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For more information,
please call +971502216488 or visit our Sales Office on G level.



DID YOU KNOW?

SEPTEMBER SIPS

Part of our iced tea collection, *Chill Lullaby* blends chamomile, lemon, and honey into a cooling pour. Crafted to soothe and refresh, it captures the soft rhythm of the season, making the perfect companion for quiet, lingering moments.

THE TREASURE BENEATH

Not all treasures are on display. Beneath the palace, on the lower ground, lies a serene sanctuary where time stretches and softens. Our indoor pool is a hidden retreat, inviting guests to slip away from the world above and savour the quiet splendour of a moment entirely their own.

THE TRAVELLER’S PALM

The Traveller’s Palm, the emblem of Raffles, was drawn in a single stroke by British penmaster David Horridge in 1915. Once a natural compass and source of refreshment for ancient travellers, today it welcomes guests worldwide, a symbol worn by our team to show you have arrived home.

WORLD WELLNESS WEEKEND

In celebration of World Wellness Weekend, treat yourself to a healing ritual rooted in ancient wisdom. Experience the slow, rhythmic flow of a Lomi-Lomi massage, accompanied by the delicate scent of Tiaré flower. This ancient ritual passed down by Polynesian healers makes for the perfect journey to total relaxation.

To take your wellness beyond the spa, bring home the Theragun Mini, a science-backed, ultra-portable massage device, designed by medical experts to relieve tension anytime, anywhere.

60 minutes
AED 1,500 per person



MIDWEEK RESET

This September, embrace a moment of calm at Raffles. Enjoy 30% savings on two of our most cherished treatments, the Traditional Oriental Massage, designed to ease tension and restore balance, and the Royal Balinese Massage, a deeply relaxing ritual inspired by ancient Indonesian techniques. The perfect midweek reset.

Monday to Thursday
10.00am to 10.00pm

BALINESE BLISS

Book a 60-minute Royal Balinese Massage and enjoy a complimentary 30-minute Balinese Flower Facial or Leg & Feet Reflexology. Your journey includes full access to the beach, pools, steam rooms, saunas, and more, perfect for unwinding before or after your treatment.

90 minutes
650 AED per person

VIP SPA PRIVATE SUITES

Indulge in the ultimate relaxation with a 90-minute experience in one of our luxurious Spa VIP Suites. Your journey begins with freshly prepared welcome drinks and a seasonal fruit platter, complemented by two glasses of champagne to elevate your experience.

90 minutes
725 AED per couple

WHISPERS OF WELLNESS

Welcome to Whispers of Wellness, a curated guide for wellbeing where every whisper leads you closer to balance. From therapist-recommended rituals to nourishing tips and skincare secrets, this is your space to reconnect at the hotel or wherever life takes you. Each ritual is a gentle invitation to pause, breathe, and carry a piece of calm with you.

FLOW INTO BALANCE

As September’s pace quickens, grounding yourself can be the greatest gift. Even a few minutes of gentle movement and deep, steady breathing can restore clarity and calm, whether in our serene yoga studio or anywhere your day takes you. Try this simple yoga pose to bring balance into your life:

- Step one foot forward into a lunge position.
- Lower your back knee gently to the floor.
- Sink your hips forward while keeping your chest open.
- Breathe deeply, feeling the stretch through your hips and spine.

This low lunge releases tension, improves flexibility, and re-energises the body, helping you return to your day with focus and ease.



WELLNESS IN STYLE

Wellness is not only a feeling, it is how you move through the world. Light, breathable fabrics and artisanal accessories can turn the simplest moments into small celebrations of comfort and beauty. Think breezy dresses, flowing skirts, and hand-finished details, all waiting to be discovered at our retail shop.



MINDFUL MOMENTS

As routines pick up this September, taking intentional breaks to savour each moment helps restore balance and deepen connections. In Japan, every meal and encounter is seen as a rare, precious experience. Embrace this philosophy at Matagi, where carefully crafted dishes turn dining into a mindful, nourishing journey.



RITUAL OF THE MONTH

GRAND SUBLIME RITUAL FROM POLYNESIA: EMBRACING RENEWAL FOR THE SEASON AHEAD

Inspired by ancient Polynesian beauty traditions, the Grand Sublime Ritual offers a holistic journey designed to restore both physical vitality and mental clarity. This unique experience begins with a purifying Hammam ceremony that gently detoxifies the skin and relaxes the body, preparing you for the deep rejuvenation to come.

Following this cleansing ritual, indulge in the Sublime Polynesian massage, a graceful blend of long, flowing strokes and rhythmic movements rooted in traditional healing practices. This massage works to release tension, improve circulation, and awaken your senses, leaving you feeling balanced and deeply renewed.

Beyond physical benefits, the ritual nurtures mental calm, helping to ease stress and restore emotional equilibrium. The use of natural Polynesian oils and fragrances enhances relaxation, transporting you to a serene state of well-being.

The Grand Sublime Ritual at Raffles Spa invites you to cocoon yourself in a sanctuary of calm this September. Embrace this moment of renewal to restore balance, recharge your energy, and prepare your body and mind for the season ahead.

IN EXPERT HANDS

MEET YOUR THERAPIST: KARTIKA

From the lush landscapes of Bali to the tranquil shores of Dubai, Kartika brings 11 years of spa expertise and a lifetime of passion for wellness to the serene surroundings of our Raffles Spa. Her journey began at just 17, balancing her studies with her first role as a therapist, a calling she has embraced wholeheartedly ever since.

Specialising in the graceful yet powerful art of Balinese massage, Kartika describes the treatment as “a dance”, flowing, relaxing, yet precise, the perfect way to restore balance. Her intuitive touch and attentive nature ensure each guest leaves feeling renewed, refreshed, and ready to face life with positive energy.



IMMUNITY RESET

As routines return and the busy season approaches, September calls for a moment of calm and clarity. This refreshing smoothie is thoughtfully crafted to support your seasonal reset, offering soothing aloe vera to hydrate, pineapple and papaya to boost your natural immunity, and a perfect balance of flavours to prepare you for the months ahead. Ask your Butler to arrange this refreshing smoothie for you as part of your daily September ritual.

And if you would like to recreate the ritual at home, the recipe is yours! A delicious keepsake from your time at Raffles, courtesy of our beverage expert, *Paolo Gamolo*.

LA CAMPANELLA
Aloe vera, pineapple & papaya smoothie.

INGREDIENTS

- 30gm Aloe Vera
- 30gm Pineapple
- 30gm Papaya Chunks
- 15gm Ginger Chunks
- 45gm Mango Chunks
- 20ml Apple Juice

INSTRUCTIONS

1. Add the aloe vera, pineapple, papaya, ginger and mango into a blender.
2. Pour in apple juice.
3. Blend until smooth.
4. Taste and add honey or maple syrup if extra sweetness is desired.
5. Add ice cubes if you want a chilled, thicker smoothie.
6. Blend again briefly to mix ice.
7. Pour into highball glasses and serve immediately.



CONCIERGE

HERITAGE JOURNEYS

Discover the rich heritage of Dubai with exclusive experiences curated by our legendary Les Clefs d’Or Chief Concierge, Stephen Simiyu. From captivating cultural tours to authentic local encounters, these bespoke experiences offer a meaningful way to connect with the city’s timeless traditions.



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PIATTI BY THE BEACH

HAPPY HOUR BY POOL & BEACH

Join us as we turn up the tropical vibes with refreshing drinks, cool beats, and sun-soaked fun. Sip on signature cocktails by the pool or stroll along the sandy shores with your favourite beverage in hand.

Daily, from 3.00pm to 4.30pm

UNLIMITED ITALIAN APERITIVO

Sip, savour, and soak up the spirit of Southern Italy. With free-flowing Prosecco, handcrafted cocktails, and irresistible bites, transport yourself to our vibrant piazza.

Daily, from 5.00pm to 7.00pm
AED 195 per person

SILKY WINE AND ITALIAN TAPAS

Let the sea breeze caress your senses as our Chef presents an exquisite menu of Italian tapas, thoughtfully paired with our Sommelier’s handpicked wines.

Daily, from noon to 6.00pm
AED 150 per person

TAORMINA LUNCH

Set against a scenic beachfront, enjoy an unforgettable lunch. Savour the delightful pairing of one antipasto and one pasta of your choice, complemented by two hours of free-pouring Prosecco.

Daily, from 1.00pm to 5.00pm
AED 300 per person, 2 hours of service



POOL & BEACH PICNIC

Unwind by the pool or on the beach with a beautifully presented tray of Italian-inspired bites and refreshing drinks. Savour the flavours of la dolce vita in the perfect summer setting.

AED 250 per person for a selection of bites and two drinks

POOL & BEACH APERITIVO

Sea breeze, golden light, and the taste of Italy, all in one perfect evening. Savour la dolce vita with three cocktails and a tempting array of Italian bites at our beachside ristorante.

Daily, from 12.30pm to 6.30pm
AED 160 per person



LE JARDIN

FLAVOURS OF THE WORLD

This September, don’t just go out for dinner, dine around the world at Le Jardin’s globally-inspired buffet nights.

Every Monday – Indian Night
Every Wednesday – Arabic Night
Every Friday - Asian Night

From 6.30pm to 10.00pm
AED 295 per person



GRAND PALACES AFTERNOON TEA

Inspired by the regal recipes and customs of Europe’s most magnificent palaces, our new afternoon tea is a journey of flavours. Each course draws on the rich histories and exquisite traditions that have graced the tables of kings and queens.

Daily, from 2.00pm to 6.00pm
AED 395 for two
AED 575 for two (with Champagne)

SYMPHONY OF SIPS

Welcome to Symphony of Sips, where each cocktail is a celebration of musical maestros, the elegance of notes, and the timeless allure of instruments. Our menu is carefully crafted to guide you on a melodic journey, blending harmonious flavours with the spirit of classical music.

Daily
Starting from AED 65

MATAGI

LUNAR HAPPY HOUR

Matagi is bringing you Lunar Happy Hour, a nightly celebration with exclusive drink specials and delicious bites. Experience the perfect blend of Japanese flavours in a vibrant late-night atmosphere.

Daily, from 10.00pm to 12.00am

ICHIGO ICHIE BRUNCH

Experience the essence of Ichigo Ichie with our evening brunch at Matagi, where we celebrate the art of living in the moment. Enjoy modern Japanese cuisine infused with mindfulness for an unforgettable evening.

Every Friday from 7.00pm to 11.00pm
Starting from AED 375 per person

YUGURE NIGHTS

Join us for Ladies Night and revel in two hours of unlimited selected beverages paired with a choice of any two items from either Maki or Hot and Cold Dishes, along with one dessert.

Every Wednesday, from 7.00pm to 11.00pm
AED 245 for ladies
AED 385 for gents

KAMPAI TIME

Relish your evenings with a happy hour at Matagi. Revel in discounted drinks and delicate bites immersed in the ambience of beautiful Japan.

Daily, from 6.00pm to 7.00pm

BLÜTHNER HALL

HAPPY HOUR

Indulge in blissful evenings at Blüthner Hall’s Happy Hour, where lively conversation mingles with the melodies of live piano music. Sip on expertly crafted cocktails in an ambience of sophistication and relaxation.

Daily, from 4.00pm to 6.00pm
Starting from AED 38

SIX GINS SEVEN NIGHTS

Raise your glass to a celebration of exceptional Gin & Tonic pairings as our master mixologists showcase six exquisite premium gins expertly paired with the finest tonics.

Daily, from 4.00pm to 6.00pm
Starting from AED 38



LEISURE TIME WELL SPENT



WATERSPORTS

In the cooler months take to the water with us and our partner Hydro Waves. Whether a beginner or an experienced enthusiast, there is something for everyone, from leisurely kayak tours to exhilarating wakeboarding adventures. Additionally, we provide the option of luxury private yacht and speed boat rentals, as well as guided fishing trips for an unforgettable experience.

KIDS CLUB

Keep the little ones busy with a heap of events and activities designed to engage and entertain our younger guests. The Kids' Club caters for guests aged three to eight years.

Runs daily from 10.00am to 8.00pm on Monday to Thursday
Runs from 10.00am to 9.00pm on Saturday to Sunday

PRIVATE CINEMA

Inside this glorious, gilded palace on the Palm is an exclusive 80-seat private theatre like no other, where screenings can be enjoyed every day.

Movie schedule can be checked with the Concierge and Kids Club teams.

UNLIMITED ACCESS TO NEWSPAPERS AND MAGAZINES

We are excited to offer you complimentary access to PressReader, where you can read thousands of newspapers and magazines from around the world. Simply connect to our Wi-Fi, visit the website pressreader.com or download the application and enjoy unlimited digital content during your stay!

SWIMMING CLASSES

Our young guests can participate in a complimentary swimming lesson in our indoor pool. Lessons last 45 minutes and are designed to enhance a kid's aquatic skills in a safe and enjoyable environment.

Every Sunday at 11.00am



FIND OUT MORE

For information on any of the restaurants, activities or events featured, or for reservations, please contact +971 4 248 8888 or dial "0" from your room. You may also email info.thepalm@raffles.com or visit our website at:

raffles.com/thepalm-dubai



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