

Raffles Spa Journeys assure the act of inner and outer transformation by travelling from one place to another through sensory pleasures, unique surroundings and rejuvenating sensations. Leave feeling well-rested and on your journey to living well.

LAVENDER BLISS

120 minutes.....AED 1,025

Relax. Dreams of lavender fields kissed by the French sun envelop your senses as you drift on waves of blue. Breathe deep. Inhale the calming and balancing benefits of Wild Lavender in this completely uplifting and rejuvenating spa experience. Includes a two-step invigorating full body scrub, a warm wrap with pressure point scalp massage, and a full body massage with warm, healing stones.

MOROCCAN GOLD HAMMAM

120 minutes.....AED 1,025

A traditional Moroccan hammam experience combines the precious healing powers of gold. This authentic cleansing experience begins with gentle heat of steam to soften and prepare the skin for exfoliation. Eucalyptus scented black soap purifies the body and clears your senses. A vigorous exfoliation with a Moroccan hammam mitt leaves your skin stimulated and re-energised. Your face and body are replenished with the rejuvenating gold clay body mask with extracts of myrtle to heal and purify. To finish, gold infused precious body oil is massaged into the skin leaving you with a radiant glow.

ROSE COUPLES INDULGENCE

120 minutes.....AED 2,049

Unwind in this journey of Luxury Rose to complete harmony as you begin your treatment with a private Jacuzzi. A full body exfoliation follows using Olive seed grains bathed in Rose to leave your skin soft and supple. Next, a tailored full body massage to help ease and relax the mind, body and soul. End this journey with a hydrating refresh facial massage to complete the top to toe treatment. Perfect for a tranquil time together.

For the most advanced facial results, Kerstin Florian is proud to present their K- Lift Age Management System. This advanced system integrates the strength of three modalities, each penetrating deep into the transdermal layers of the skin, targeting a specific function to improve overall skin rejuvenation. Benefits include: triggering collagen production which lifts and tones, reducing lines and smoothing wrinkles, and tightening facial contours resulting in younger, healthier-looking skin. Expect to see visible results after your first session or book a series for long-lasting, effective results.

**RADIANCE FACELIFT
USING KERSTIN FLORIAN'S K-LIFT TECHNOLOGY**

90 minutes.....AED 785

Featuring Kerstin Florian's Signature Caviar collection, this decadent facial provides immediate anti-aging results by infusing essential nutrients to the deep layers of the skin. This non-invasive therapy offers immediate results using the Kerstin Florian patented K-Lift machine. The treatment uses three high-performance energy technologies: red LED light therapy, impulse micro-currents (kinetic energy), and Kerstin Florian active ingredients. The Radiance Facelift improves dermal density while triggering collagen production to restore cell function resulting in smoother lines and a youthful, radiant complexion.

VITAMIN C LUMINESCENCE FACIAL

60/90 minutes.....AED 520/AED 760

This specific treatment delivers brightening and clarity for immediate luminosity. With this results-driven facial, the hands, face, neck and décolleté are treated to effective formulas that even out skin texture and tone. Using a powerful blend of skin-illuminating botanicals and Acti-5 Brightening Complex, along with a multi-acid peel, a concentrated Vitamin C ampoule, and a unique cooling masque with luminous rice; skin appears lighter, brighter and more refined.

*This facial can be upgraded with the K- Lift technology

DEEP CLEANSING EXTRACTION FACIAL

60 minutes.....AED 480

A deep cleansing purifying treatment customized for all skin types using Kerstin Florian. This facial includes an exfoliating peel to renew the skin, a deep-cleansing massage to promote circulation and a masque to balance and nourish the skin.

*This facial can be upgraded with the K-Lift technology

K-LIFT EXPRESS ADD-ONS.....AED 319

Any of our facials above can be upgraded to accommodate the K-Lift technology, please ask one of our spa specialists about how we can accommodate you with this upgrade.

EXPRESS LIFT

A preventative treatment designed to maintain energy in the cells, strengthen muscle tone, and delay the aging process.

EXPRESS EYES

Designed to help strengthen the muscles, brighten the eye area, and assist increased circulation. Express Eyes is ideal for targeting the signs of aging around the eye area to diminish the look of fine lines and wrinkles.

EXPRESS LIPS

Lip lines, lower cheeks, and jaw areas are lifted, toned, and smoothed with this treatment specifically designed for the lip and lower portion of the face. Fine, feathery lines around the lips are smoothed and jaw muscles are lifted to help achieve a more youthful looking appearance.

EXPRESS CONGESTION

This treatment is designed for oily skin conditions to help eliminate excess sebum, increase lymphatic drainage, and enhance circulation. It also helps to reduce puffiness and inflammation.

FACIAL ENHANCEMENTS

- Eye or Lip Rescue
- Ampoule Therapy

ENRICH YOURSELF

90 minutes.....AED 780

Give your body the intense nourishment it needs with this luxurious Aromatherapy Associates treatment designed to rejuvenate dry skin and revitalise the senses. Begin your treatment with a full body scrub, which will exfoliate, soften and hydrate the skin. Using a body butter exotically scented with flowers such as Jasmine, Patchouli and Geranium, harmoniously work together to help lift emotions, nourish the skin and leave you feeling enriched. The experience ends with a balancing hair oil application to moisturise and condition the scalp and hair.

SHIFFA DETOX BODY WRAP

90 minutes.....AED 760

This detoxifying body treatment includes a stimulating basil and mint body exfoliation to uplift your senses, followed by a deeply cleaning aromatic clay body mask to purify and stimulate. An invigorating scalp massage further assists in the cleaning treatment. Leave feeling refreshed and softened with the energizing body oil.

ARABIAN NIGHTS

60/90 minutes.....AED 500/AED 740

Allow the scents of Sandalwood, Frankincense and Rose to transport you back to the ancient times of Arabia. An indulgent recipe of exotic flowers, sweet fruits and rich oils gently nourishes and exfoliates the skin. Unwind on this endless journey, finishing with a heavenly massage using warm aromatic oils which relax the mind and body yet awaken all your senses.

RAFFLES DUBAI SIGNATURE MASSAGE

90 minutes.....AED 785

Authentically inspired and culturally connected the Raffles Signature massage will leave you feeling enlightened and revived. The treatment begins with a cleansing foot ritual and follows with a full body massage using essences of Sandalwood and Cedarwood oils. Your therapist integrates stretching and pressure point massage down the meridians of the body to release stress and tension. Deep breathing techniques help relax the mind and body for an overall feeling of rejuvenation.

ANCIENT HOT STONE MASSAGE

90 minutes.....AED 760

This indulgent body treatment soothes muscle tension and encourages blood circulation. Using nourishing essential oils and warm volcanic stones to penetrate tired aching muscles, combined with gentle stretching techniques, activates various energy points allowing you to unwind into a restful state of mind.

MUSCLE DE-STRESS MASSAGE

60/90 minutes.....AED 500/AED 740

Using the Aromatherapy Associates De-Stress Muscle Oil, this massage uses Rosemary, Black Pepper and Ginger which is absorbed deep into the muscle. The therapist will apply medium to deep pressure, according to your specific needs. Soothe achy tired muscles and decompress your nerves as we release all your worries.

Note: This treatment may create some muscle soreness up to 24 hours afterwards.

ABSOLUTE RELAXATION MASSAGE

60/90 minutes.....AED 480/AED 720

Calm yourself after a long journey and rest easy with Aromatherapy Associates Deep Relax Massage Oil. Aromas of Vetiver, Chamomile and Sandalwood assist in calming your overactive mind and help bring you to a more restful state.

ORIENTAL FOOT REVITALIZER

60 minutes.....AED 480

Designed to soothe tired and achy feet. Experience deep relaxation and revitalization in this feet focused pampering. A remineralizing foot scrub is followed by a massage of the feet. Concentrating on vital energy and reflex points to recharge the body, mind and spirit.

ROMANTIC RETREAT

90 minutes.....AED 1,569

Our signature couples retreat is offered in our Spa Suite featuring a Jacuzzi for two and side-by-side massages. Let the pressure of everyday life melt away as you submerge in a romantic candlelight bath with special Raffles touches

TOGETHERNESS

60/90 minutes.....AED 959/AED 1,440

Take time away to be together. Relax and enjoy side by-side massages in the Raffles Spa Suite using our signature oils.

For those of you who wish to upgrade any of our present treatment list with additional time and services, or for those who don't have the time to stay and indulge, we have created mini treatments to suit all your skin care needs, ensuring complete relaxation and rejuvenation.

Choose from a variety of 30 minute treatments including:

REVIVING FOOT TREATMENT.....	AED 260
BACK, NECK AND SHOULDER MASSAGE	AED 260
HEAD MASSAGE.....	AED 260
EXPRESS BODY SCRUB	AED 280
EXPRESS FACIAL.....	AED 280
EXTRA TIME IN THE ROOM	AED 315